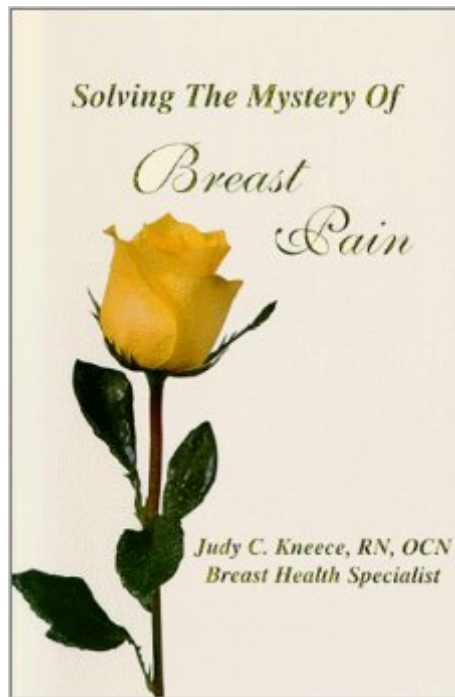


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# Solving The Mystery Of Breast Pain



## Synopsis

Solving The Mystery of Breast Pain: \*offers proactive steps for self-management of breast pain  
\*Details steps to identify causes of pain. Includes worksheets to help women and physicians assess causes of breast pain. \*Lists 410 prescription and over-the-counter medications that may cause breast changes and promote breast pain. \*Describes common herbal and weight-reducing products that may cause breast pain. \*Lists cost-free remedies that may reduce or stop breast pain.  
\*Empowers a woman to work as an educated partner with a physician in monitoring her breast health.

## Book Information

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